



Stephanie Christensen <stephc@gymfinity.com>

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## Gymfinity Update

1 message

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Gymfinity Ltd <noreply@jackrabbittech.com>

Fri, Apr 17, 2020 at 7:31 PM

Reply-To: gymoffice@gymfinity.com

To: StephC@gymfinity.com

Hello Families,

We can hardly believe how long it's been since we last saw you. This is the end of the 5th full week. It's gone quickly but also, slowly. It's now scheduled for a few more weeks and, though that's hard to hear, we know it's the right thing to do.

### **GYMFINITY UPDATES**

We're keeping busy at Gymfinity. Maintenance and improvements to the building, keeping in touch with all our fantastic staff and reaching out to parents and families when we can, are some of the biggest activities. Additionally, we continue to put a lot of time into our **Gymfinity GO! Program**. As many of you know, this program recently went from just Gymfinity gymnastics and Gym Ninja to a worldwide content sourced website. It still includes our Gymfinity produced videos but also has content for so much more. It's now a one stop shop for stuff to do and, includes more than just physical activities. We've added an arts and crafts section too and are working on adding some more "cerebral" curriculum as well. Check out the link above to sign up or learn more. **We really appreciate the support of the families that have signed up so far!** Without them, we don't know what we'd do.

Our Department Leaders are all safe at home and, despite missing their time at the gym, are enjoying the positives of being home:

- **Coach Alcey**, Optional Coach, Developmental Gymnastics Department Leader and Gym Manager, says that it's fun that her boys are enjoying helping her try out the Developmental Gymnastics lesson plans as she writes them.
- **Coach Tiffany**, Xcel Coach and Preschool Department Leader, is enjoying family dinners, helping to teach her daughters how to cook, connecting with team kids online and getting to create fun, learning videos for Tykes.
- **Tammy**, our Events Department Leader, has had fun surprising people with cards and treats. She's sent cards to elderly that are unable to see people and to friends and staff that are having a hard time.
- **Coach Lisa**, Optional Coach, Gym Warrior and Team Department Leader, has loved spending a lot of time at home (she lives in Mississippi and normally spends two weeks per month in WI) and being able to have family dinners every night! Plus, all of the time to get her workouts in.
- **Stephanie**, Human Resources Manager and Marketing Assistant, is really enjoying time at home with her 12 year old twins. She's surprised how well they are getting along and how seriously they are actually taking their school work. She loves learning and leadership so she's been excited about time to watch videos and her opportunity to encourage staff during this difficult time.
- **Coach J**, Owner and Optional Coach, has really loved the chance to have dinner with his family every night. He's worked nights for over 25 years and NEVER had a month of family dinners. He and his wife, Coach Stephanie (Co-Owner and Business Manager), enjoy doing family workouts with their sons most days of the week.
- **Coach Stephanie**, has been working hard to review all the opportunities available for small businesses during the closure. She's worked diligently to try and take advantage of some of the loans and grants being made available through the CARES Act.
- **Emily**, Office Department Leader, still gets to the gym a few days a week to do admin work and take care of calls and mail. She likes her alone time there. Emily has enjoyed the extra down time to clean her apartment and perfect her banana bread.
- **Coach Trevor**, T&T Department Leader, has been working out every day and playing with his dog, Roo, all the time. He also escaped to South Carolina for a few weeks to visit his mom.

### **SUMMER CAMP UPDATE**

At this time, we continue to plan for Bummer Free Summer Camp. Of course, we don't know when we'll be open again but we'll be ready to host when we can. Due to the postponement of the Summer Olympics, we've changed the theme of camp. "All Around Gymfinity" (with 4 events – Fitness, Fun, Food and Character) is the new theme. We've confirmed most of our field trips (contingent upon being open) and are confident it will be a fun summer for our campers. We'll continue to keep you up to date on this.

## **#GYMFINITYSTRONG SWAG NOW AVAILABLE**

Finally, we have developed some great #GYMFINITYStrong swag for you to wear around the community (and your home, for now). Fill out the [attached Google Form](#) to order. THANK YOU AGAIN for your amazing support.

We hope that you and your family are staying safe and healthy. These are unprecedented times. We hope that, when we are all out and about again, we take stock of the good that happened when we were home. We also expect to be even more thankful for the luxuries of enjoying face to face time with our friends, going out to eat and to the library and all the other things we certainly took for granted before.

Stay Safe and stay #GYMFINITYStrong.